



Updates in Pediatric Obesity Management

Saturday, Sept. 14, 2024

Virtual Conference

COURSE OVERVIEW

Experts in pediatric obesity care will discuss current recommendations for prevention, diagnosis and treatment of obesity and related complications in children and adolescents. We will review the evidence-based recommendations and present practical guidance on treatment options, including nutrition, exercise, behavioral health, pharmacotherapy, and bariatric surgery.

TARGET AUDIENCE

Pediatric Primary Care Providers

GENERAL INFORMATION AND COURSE FEE

The registration fee includes course registration, livestream access to the conference and access to view presentations online.

Registration Fee: \$85

COURSE OBJECTIVES

Upon completion participants should be able to:

- Understand the psychosocial drivers of pediatric obesity and behavioral concerns in treatment.
- Review obesity-related complications and appropriate screening, treatment, and referral
- Become familiar with treatment options for obesity, including health behavior changes, weight loss medications and bariatric surgery.

ACCREDITATION



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity has been planned and implemented by the Children's Hospital of Philadelphia. The Children's Hospital of Philadelphia is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

DESIGNATION OF CREDIT

Physicians: Children's Hospital of Philadelphia designates this live activity for a maximum of 3.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CANCELLATION POLICY

Children's Hospital of Philadelphia reserves the right to cancel or postpone any course due to any unforeseen circumstances. Cancellations must be received in writing by Friday, Aug. 30, 2024.

REGISTER ONLINE: [CHOP.CLOUD-CME.COM](https://chop.cloud-cme.com)

PROGRAM | Saturday, Sept. 14, 2024

- 7:50 a.m. **Welcome and Introduction**
Rachana Shah, MD, MSTR
- 8 a.m. **Understanding and Navigating the Risk of Harm in Weight Management**
Kimberly Genuario, PhD
- 8:30 a.m. **Pediatric Obesity: Behavioral and Psychosocial Considerations**
E. Thomaseo Burton, PhD, MPH
- 9 a.m. **Redefining the MASLD Landscape: the Road from Nonalcoholic Fatty Liver Disease to Metabolic Dysfunction Associated Steatotic Liver Disease (MASLD)**
Jennifer Panganiban, MD
- 9:30 a.m. **Endocrine Complications of Obesity**
Rachana Shah, MD, MSTR
- 10 a.m. **Break**
- 10:15 a.m. **A Realistic Approach to Nutrition and Exercise in the Primary Care Setting**
Elizabeth Coover, MPH, RD, CSP, LDN
Christine Giovinazzo, BS
- 10:50 a.m. **Surgical Approach to Adolescent Obesity**
Elizabeth Prout, MD, MSCE
- 11:25 a.m. **Pediatric Pharmacotherapy for Appetite, Metabolic Health and Weight**
Jennifer Robbins, MD, MPH
- 11:55 a.m. **Closing Remarks**
Rachana Shah, MD, MSTR
- Noon **Conference Adjourns**

Unless otherwise noted, faculty is from Children's Hospital of Philadelphia. Academic affiliation is with the Perelman School of Medicine at the University of Pennsylvania.

COURSE DIRECTOR

Rachana Shah, MD, MSTR

*Medical Director, Healthy Weight Program
Division of Endocrinology and Diabetes
Associate Professor of Pediatrics*

COURSE FACULTY

E. Thomaseo Burton, PhD, MPH

*Psychologist II
Department of Child and Adolescent Psychiatry and Behavioral Sciences*

Elizabeth Coover, MPH, RD, CSP, LDN

*Lead Clinical Dietitian
Department of Clinical Nutrition*

Kimberly Genuario, PhD

*Department of Child and Adolescent Psychiatry and Behavioral Sciences
Assistant Professor of Clinical Psychology*

Christine Giovinazzo, BS

*Pediatric Exercise Physiologist
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Associate Professor of Pediatrics*

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Assistant Professor of Pediatrics*

Jennifer Robbins, MD, MPH

*Attending Physician
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